

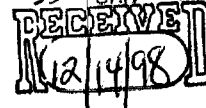
# Square Roots, Inc.

1500 Jackson Street N.E.  
Minneapolis MN 55413  
612.706.9679

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December 9, 1998

2097 '99 JAN -4 P3:01



Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St. S.W.  
Washington DC 20204

Dear Sir or Madam:

This document is a notification letter of statements of nutritional support, in compliance with 21 CFR section 101.93 "Notification procedures for certain types of statements on dietary supplements."

Name and address of the Company/Distributor making the following statements of support:

Square Roots, Inc., 1500 Jackson Street N.E., Minneapolis MN 55413.

## Statement 1

"Antioxidant Defense"

- Square Roots Tough Cell
- Contains Beta-Carotene, Vitamin C, Vitamin E, Zinc and Selenium

## Statement 2

"Joint Nutrition"

- Square Roots Bodywork
- Contains Glucosamine Sulfate and Chondroitin Sulfate

## Statement 3

"Inflammation Formula"

- Square Roots Push Play
- Contains Vitamin C, Turmeric Root Extract (95% curcumin), Quercetin, Bromelain, Rutin

## Statement 4

"PMS Relief"

- Square Roots Over Easy
- Contains Evening Primrose Oil

97S-0162

Also see docket 97S-0163

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62763

**Statement 5**

"Healthy Urinary Tract"

- Square Roots Cran Can
- Contains Cranberry Extract

**Statement 6**

"Cardiovascular Health"

- Square Roots Full Circ
- Contains Vitamin E, Vitamin B6, Folic Acid, Vitamin B12, Selenium, Grapeseed Extract, Resveratrol, Pine Bark Extract, Co-Enzyme Q 10

**Statement 7**

"Healthy Cholesterol Levels"

- Square Roots Point Guard I
- Contains Tocotrienols from Rice Bran Oil

**Statement 8**

"Healthy Cholesterol Levels"

- Square Roots Point Guard II
- Contains Inositol Hexaniacinate, Gugulipids, Beta-Sitosterol, Chromium and Garlic Powder.

**Statement 9**

"Cardiovascular Health"

- Square Roots Top Seed
- Contains Flax Seed Oil

**Statement 10**

"Sleep"

- Square Roots Napsack
- Contains Melatonin

**Statement 11**

"Healthy Digestive Tract"

- Square Roots Belly Dance
- Contains Fructooligosaccharides, Lactobacillus acidophilus, Lactobacillus bulgaricus

**Statement 12**

"Relaxation"

- Square Roots Stress-O-S
- Contains Kava Kava

I certify that the information contained in this notice is complete and accurate and that Square Roots Incorporated has substantiation that these statements are truthful and are not misleading.



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Michael A. Helser, Ph.D.

Vice President of Merchandising and Product Development

Square Roots, Incorporated